



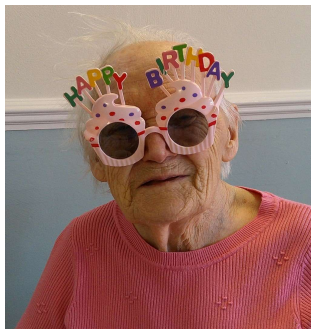
July – September 2025 Newsletter

Hello and welcome to our latest Newsletter.

Can you believe we are already half way through the year, we hope you enjoy reading what we have been getting up to over the last few months.

Many thanks

All staff at Nightingales



Birthday Celebrations

We always like to make a fuss when it comes to Birthdays as you can see from the pictures above 😊

Banners, balloons, birthday hat / glasses and of course yummy cake is a must. We all get together to sing "Happy Birthday" and hip-hip-hooray when they blow out their candles.

Make a Wish





VE Day Celebration Tea Party

08/05/1945

80 years ago marks the end of World War 2 which deserves a Celebration and of course remembering all the heroes in the Armed Forces that fought for our Country.

We held a lovely Tea Party and talked about our memories of the years gone by and heard stories of inspiration.



Quiz Time

Here is a Beach Crossword to enjoy whilst you put your feet up and enjoy a cuppa

AT THE BEACH

CROSSWORD PUZZLE

WORD BANK

surfing	popsicle	shells	swimsuit
august	lifeguard	vacation	shorts
sand	sunscreen	seagull	fan
hot	ocean	fan	fourth of july

ACROSS

1. Kids love to dig in this.
2. You can collect these on the beach.
6. An American summer holiday.
8. You turn this on to cool off.
10. We put this on our skin to protect us from the sun.
13. A trip away from home.

DOWN

1. What you wear to go swimming.
3. You swim in this at the beach.
4. A frozen treat on a stick.
5. The weather in summer.
7. Someone whose job is to make sure swimmers are safe.
9. The last month of summer.
10. A bird you see often at the beach.
11. When you ride a wave with a board.
12. Commonly worn in summer.

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GOOD LUCK! 😊



Happy Retirement

As most of you will know Julie our lovely Care Assistant has now Retired, we couldn't let her leave us without making a fuss with some lovely gifts from us all.
We hope you have a long and happy retirement from everyone at Nightingales xx



Bowling Arcade

When the weather isn't great and we have an outing booked what better place to visit than the local Bowling Arcade.

We all enjoyed playing on the Arcade machines followed by some lunch and an Ice Cream.

We all had a fab time 😊



Garden Exercises

Ben from SWFC came to do exercises with us this morning and with the weather being so nice we chose to do it outside in the garden.

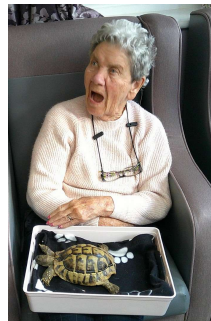
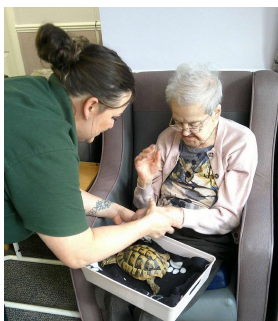
We had lots of fun with the stretch bands and exercises that help with our arms and legs.



Animal Visit

Leanimals came to visit us for the afternoon, she always brings us a variety of animals to hold and pet.

On her visit today we had the pleasure of meeting a Snake, Tortoise, Mouse and Rabbit.
They were all very well behaved and can definitely come again.



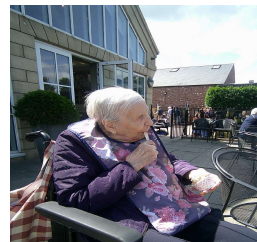


Wentworth Animal Farm

Whilst we are having this amazing weather we jumped at the chance to visit Wentworth Garden Centre, we enjoyed a stroll around looking at the beautiful flowers / plants before we headed into the Animal Farm.

In the farm we got to feed the Goats and pet various other animals, we then made our way to the Café where we enjoyed Fish and Chips with Ice Cream for dessert.

We all had a fabulous time.



Nightingale News

Keep an eye out on our Facebook page "Nightingale Care Home Sheffield" where we add weekly photos and updates.

Relatives Meetings – we usually schedule these for every few months but we have had no attendance on the last 2, we have decided to cancel these for the foreseeable but if you would like an update on any future plans or have any suggestions then my door is always open.

We have recently had a new Fire Alarm System installed which is now completed, we apologise if this caused any disruption on your visits.

We are also in the process of upgrading the Toilets on the main corridor, again we apologise if this causes any inconvenience.

Concerns / Complaints

Please may we take this opportunity to remind you of the procedure if you have any concerns/complaints or compliments you wish to bring to our attention. We are aware that we cannot always get everything right so please do not feel unable to bring any worries or ideas for improvement to our attention.

Any matter you wish to discuss can be brought to either the Deputy Manager, Linzi Waddingham or Myself, Julie Wright Manager. We will endeavour to resolve any matter brought to our attention.

Concerns can be verbal or written, formal or informal. If you do raise a complaint or concern and are not happy with the way it is dealt with then you can escalate your issue to the owner Mr Oshi Weissbraun. 220 The Vale, London, NW11 8SR

If this is not acceptable Sheffield social services can be contacted at Social Services Feedback, Freepost, NEA 5527, Corporate Mill Facility, Town Hall, Pinestone Street, S1 2ZZ

CQC at Care Quality Commission, Citygate, Gallowgate, NE1 4PA can also take complaints or concerns.

The complaints procedure and contact details can be found in the front foyer on the wall with all addresses / contacts.

We are here to try to ensure both our residents and relatives have a positive experience and are happy but sometimes do need your help with ideas for improvement so do not take any criticism negatively but instead use it as a learning tool to get things right.